

Cycle A	Autumn 1 (first 3 weeks)	Autumn 1 (second half)	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Oak	Fundamentals		Gymnastics / Yoga	Athletics skills/ Multiskills	Athletics - Sports Day prep	Fundamentals (U2)	Gymnastics
			Balance/bike ability		Dance	Dance	Multiskills
Olive	Fundamentals		Fundamentals (U2)	Athletics skills / Multiskills	Athletics - Sports Day prep	Tennis	Gymnastics
			Dance		Ball striking	Dance	Gymnastics / Yoga
Chestnut	Basketball		Gymnastics	Athletics skills	Athletics - Sports Day prep	Dance	Tennis
	Fundamentals		Fundamentals (U2)	Gymnastics / Yoga	Dance	Ball striking	OAA
Laurel	Team building games	Gymnastics	Netball	Football	Basketball	Cricket	Rounders
	Gymnastics	Competitive games	Dance	Hockey	Athletics - Sports Day prep	Gymnastics / Yoga / OAA	Tennis
Holly	Team building games	Gymnastics	Hockey	Netball	Basketball	Rounders	Cricket
	Gymnastics	Competitive games	Dance	Tennis	Athletics - Sports Day prep	Gymnastics / Yoga / OAA	Football
Elder	Team building games	Swimming (6) / Teacher+TA discretion (5)	Gymnastic	Football	Touch / Tag Rugby	Cricket	Netball
	Swimming (6) / Competitive and team building (5)	Competitive games	Dance	Basketball	Athletics - Sports Day prep	Gymnastics / Yoga	Rounders